



Abbie's and Sion's stories / streaon Abbie a Sion

By / gan Aled Evans (Head of Service for Workforce Development), Corrie Bulloch (House Manager) and Fay Burns (House Manager).

Abbie's story / Stori
Abbie

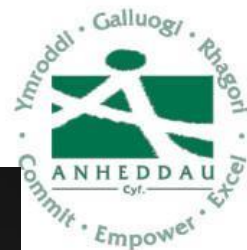


Summary timeline / crynodeb llinell amser



- Started supporting Abbie in 2013
- 2014-2020- support during the day- using flat in Morrison Crescent
- 2020- Moved to her own home with a 24/7 support package
- 2021- started to see a decrease in behaviours of concern and an increase in quality of life
- Dechraeon ni gefnogi Abbie yn 2013
- 2014-2019- Cefnogi yn ystod y dydd - defnyddio'r fflat yn Morrison Crescent
- 2020- Symydodd Abbie i'w chartref ei hun efo cymhorth 24/7
- 2021- cychwyn gweld lleihad o ymddygiad sy'n peri pryder a cynnydd mewn ansawdd bywyd

Donna (Mum) and Corrie / Donna (Mam) a Corrie

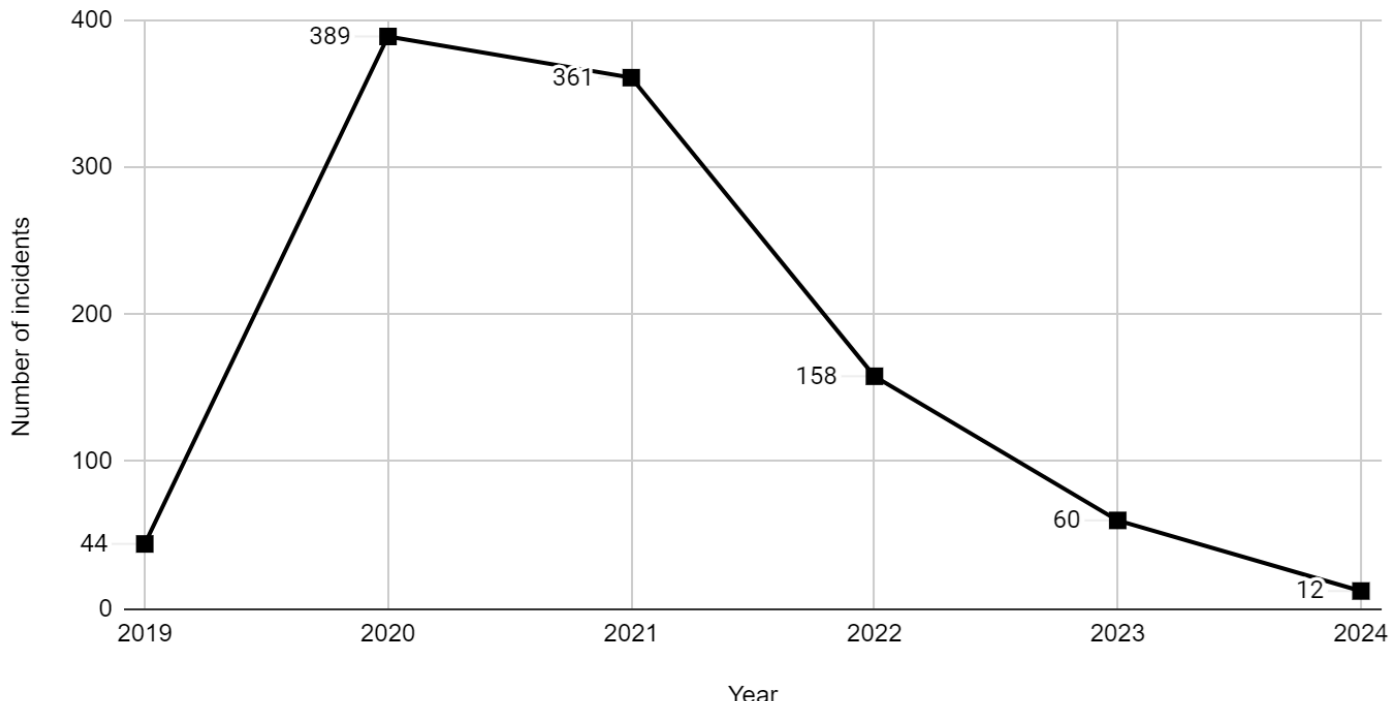


What were things like before
Abbie started being supported by Anheddau?

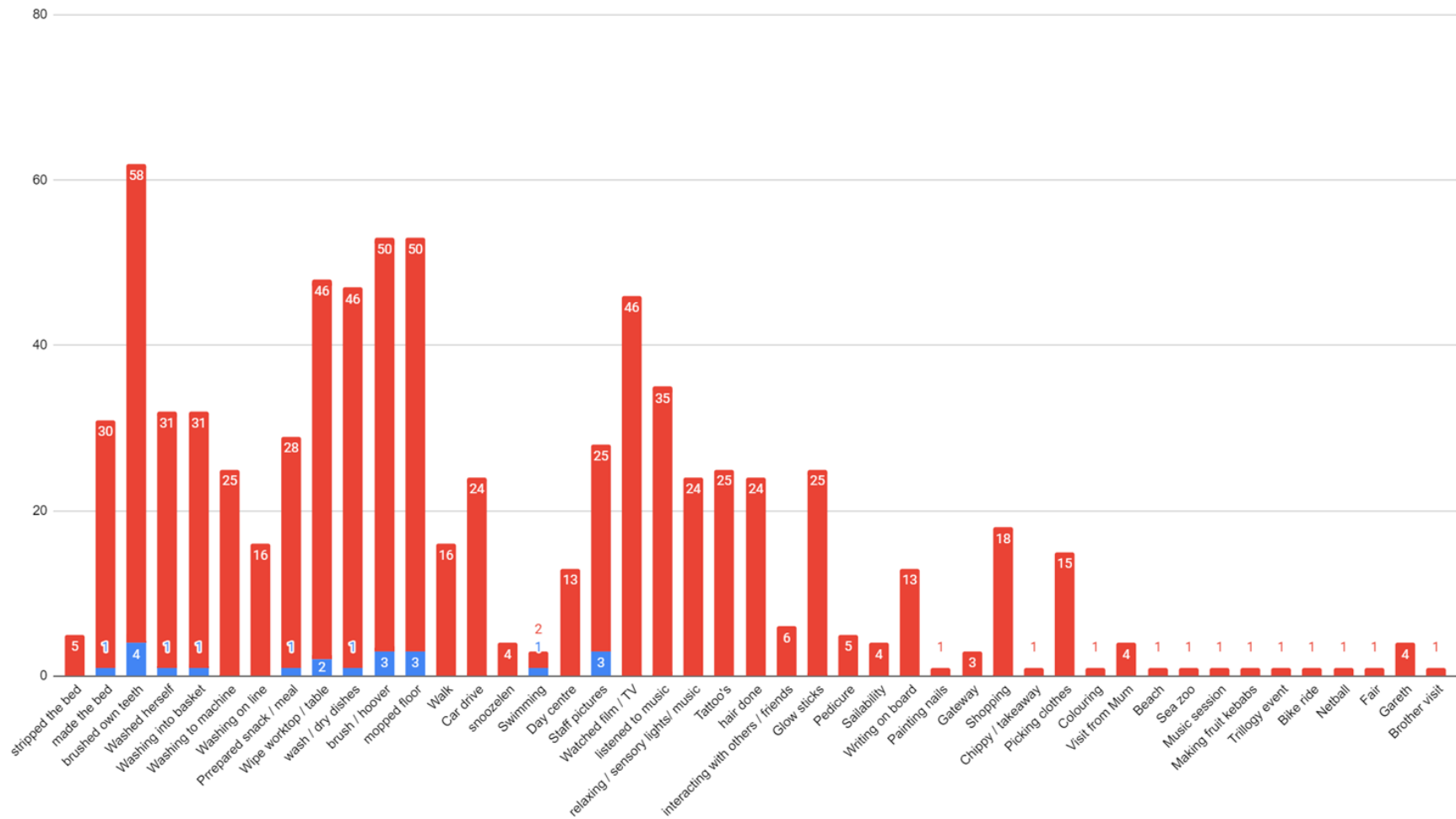
Reported behavioural incident data / data digwyddiadau ymddygiad heriol a adroddwyd



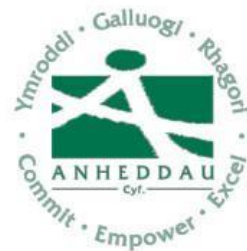
Number of reported incidents of behaviours of concern over a 5 year period



■ All of task completed ■ Part of task completed







Sion's story / Stori Sion

<https://vimeo.com/1014859348/a84a0cc8fb?ts=0&share=copy>

Sion



- Sion is a happy, caring and very passionate and enthusiastic individual.
- Sion spends a lot of his time with his “companions” (his characters)
- Sion has Autism and he sometimes struggles, as the world can be confusing and frightening for him.
- He depends on a tight team who are consistent in their approach to help him follow his routines.
- Mae Sion yn unigolyn hapus, gofalgar, brwdfrydig ac angerddol iawn
- Mae’n gwario dipyn o amser efo’i “gymdeithion” (ei gymeriadau)
- Mae gan Sion awtistiaeth ac gall gael drafferth wiethiau, gan fod y byd yn gallu bod yn ddryslud a brawychus iddo.
- Mae’n dibynu ar dîm tyn, sydd yn gyson yn eu hymagwedd i’w helpu i ddilyn ei arferion.

Y siwrne /the journey



- Pre- Anheddau historical background
- 2019- setting up and supporting transition across services to start support with Anheddau
- Ei gefndir hanesyddol cyn cael ei gymhorthi gan Anheddau
- Sefydlu a chefnogi pontio ar draws wasanaethau I ddechrau cymhorth gydag Anheddau

What's working well / Beth sydd yn gweithio yn dda



- Having a good quality of life and maintaining wellbeing- achieving what matters most to Sion
- Maintaining independence in a range of meaningful activities and daily living skills
- Maintaining and developing Sion's structure and routine
- Establishing a consistent staff team who knows Sion well and whom Sion trusts.
- Cael ansawdd bywyd da a cyhnnal lles- Cyflawni'r hyn sydd bwysicaf i Sion
- Cynnal annibyniaeth mewn ystod o weithgareddau ystyrlon a sgiliau bywyd pob dydd
- Cynnal a datblygu trefn a strwythur Sion drwy gyd weithio
- Sefydlu tîm cyson sydd yn adnabod Sion yn dda ac mae Sion yn ymddiried ynddynt.

What's working well / Beth sydd yn gweithio yn dda



mum and weekly visits
modern board games
people in the community
dedicated it time
takeaways and treats
the omniverse
routine
shopping
having own flat
having responsibility
sharing information
household chores
finding meaning of words

walking
people at menter
tumble dryer safety
christmas lego
graphic novels
cooking
neighbour
engaging with his art
teaching people

photography

dunelm

fire alarm tests
being understood
llandudno trips
cream for skin

Sion's views on what's important to him and
the support he receives
/ Barn Sion ar yr hyn sydd yn bwysig iddo a'r
cefnogaeth mae'n ei dderbyn



Key themes / themâu allweddol



- Multi-agency working
- Co-production
- Using data to inform practice
- Creating enabling and supportive environments
- Workforce development
- Cydweithio
- Cynhyrchu ar y cyd
- Defnyddio data i lywio ymarfer
- Creu amgylcheddau sy'n galluogi a sy'n gefnogol
- Datblygiadau i'r gweithlu / gweithwyr