

## North Wales Together – Seamless Services for people with Learning Disabilities

## List of Funded Projects

Please note many of these projects will be affected by Covid-19 and an updated list will be published when we have a full picture of how projects are progressing.

	Lead	Project name	Description of project	Area
1.	Bev	Work, Inclusion and Me	An 8-month programme via Glyndwr University paid work placements, job finding and campaigning. To be completed with 5 young people with learning disabilities/autism, focussed on entering meaningful paid employment.	Wrexham & Flintshire
2.	Jeni	Community Mapping and Participation	A 6 month project aimed at encouraging people with learning disabilities to access more community-based activities in and around Denbigh town. The project will map out what is going on (including when and where) in Denbigh and the surrounding villages. This will be presented in a way that people with learning disabilities can understand.	Denbighshire
3.	Liana	Sparc Sex and relationships training and support	A 4 step approach - Develop peer advocacy roles, do 3 x 1 day workshops for 16 people, run supported social events and evaluate in a coproduced way. Regional delivery and work with parents, organisations and individuals.	Regional

4.	Bev	PA portal	The PA Portal will make finding a personal assistant (PA) or employer easier and more flexible. The PA portal will not be an agency, but a list of PAs who are available for work and useful information about finding and recruiting personal assistants. The system will also include advertisements from employers who are looking to recruit a PA.	Flintshire
5.	Sioned	Urdd	Childrens camp - training to provide accessible activities	Regional
6.	Paul M	Virtual reality travel training	To create a VR system that can be used for travel training and for ongoing reassurance for people when using public transport. Group sessions to be arranged with citizens and Arriva to pick and plan out routes. 6 month pilot project.	Regional
7.	Bev	Way2Be	This is a phone app that helps people to travel independently. Funding to purchase the app, phones, smart watches and training so as to pilot and promote independent travel for 10 individuals. Can also plot in where local Safe Places are.	Flintshire
8.	Mark	Handy Calendar	An app to aid individuals to plan and complete daily tasks. The calendar gives an overview of an individuals' day, week and month, they will receive clear alarms when activities are due and a link to each activity. The software supports individuals to undertake each activity, detailing in accessible format how to complete each task. The activity can also be linked to checklists and contact numbers as needed. 30 individuals will take part in pilot.	Wrexham
9.	Paul M	Hardware for Tech session	Purchase of good practice hardware (incl. tablets, VR Headsets, Alexa's, mobile Wi-Fi hub, weigh scales etc.) for a series of sessions across the region. The aim of this pilot/project will be to take technology to people, to highlight what is available and link the technology to people's goals and outcomes. To show how technology can be used for people to become more independent and support risk enablement at home and in the community.	Regional

10. Sioned	project skills & wellbeing	Mobile interactive projection equipment for people in supported living, day opportunities, and visiting the charity farm. The system uses motion activated games, music and social activities to increase social interaction, physical activity and wellbeing of people with a learning disability. The project will also develop bespoke person-centred apps for individuals to use with the equipment.	Anglesey
11. Mark	Alexa	Echo Hubs and RING Video Door bells –the purchase of 10 x alexa echo hubs and doorbells. The software supports individuals to be in touch with the community and feel safe in their homes, increasing confidence and promoting safety.	Wrexham
12. Paul M	Ethel	the purchase of 10 Ethel devices providing remote Care Service – from remote medication management, vitals monitoring, predictive assessments and video consultations. Also helps to reduce loneliness and isolation. Friends and family can download the free ethelcare apps on their smartphones	Regional
13. Paul M	Care Management	Care Control - 1 of 2 pilots looking at better use of technology in the recording of interventions re care and support. Can be used to link goals and outcomes to activities. The systems are mobile and can be taken to health appointments, hospital etc. or for sharing vital info.	Regional
14. Paul M	Nourish Care	1 of 2 pilots looking at better use of technology in the recording of interventions re care and support. Can be used to link goals and outcomes to activities. The systems are mobile and can be taken to health appointments, hospital etc. or for sharing vital info.	Regional

15. Sioned	Video-aided comms	The purchase and use of specialist equipment to support the video- aided parent coaching technique. This will enable health and social care staff to routinely use video-recordings of parent-child play interaction to enable parents to watch back their child's interactive signals, find what works well in terms of encouraging their child's communication, and how the parent can do more of what works.	Anglesey & Gwynedd
16. Paul	Fitbits for foodwise	The purchase of 10 Fitbits (or similar) for group participants, which would provide more motivation and encourage more exercise.	Denbighshire
17. Mark	Re-develop Tech demo flat	This project will support the re-development of an already existing telecare show flat, so as to show more modern and innovate technologies, while offering bespoke individualised planning.	Wrexham
18. Bev	Support brokerage workshops	Workshops/training to help individuals, citizens and professionals to become support brokers (support brokers can help people to find the support/activity/resource that's right for them, using their direct payments).	Regional
19. Paul H	Annual health checks	A range of initiatives which will ensure that all eligible citizens with a learning disability are provided with a comprehensive Annual Health Check. There will be training offered to those citizens who will soon be entitled to their first Annual Health Check at age 18 yrs. There will also be training offered to GP's and their practice staff. Training will also be offered to carers as appropriate. Public Health Wales will be working more collaboratively with the Health Liaison Team both in terms of Annual Health Check training and also with the National Screening initiatives.	Regional

20. Paul H 21. Liana	Health screening Coproduction training	East and West – Health Events. These will focus on bringing together a range of Health Professionals who are responsible for delivering Health Checks and Health Screening: GP's and their Practice Staff and those responsible for sight, hearing, dental and podiatry assessments will all be included. Citizen's and Carers will be able to meet and learn from a range of practitioners and practitioner's will be able to learn from one another. A range of information and materials will be available and an opportunity to link with and ask questions of the providers of the various screening programmes will be available. Co-produced training via 2 x events for families and professionals that will outline the principles, address the barriers, and give insight for all partners into the challenges of others, and provide tools that will aid	Regional Regional
		the coproduction journey from initial idea, through contact between professionals and those with lived experience, right through to the development of person centred, community focussed solutions.	
22. Liana	Raising awareness Video	Video resource to be used in induction and training linked to embedding of values framework. Working with TAPE community music and film, the project aims to co-produce and develop a video, starring people from North Wales, to highlight some of the key issues that people with a learning disability face. The video will be used as part of induction and training, raising general awareness about learning disabilities, and focusing on the new values and behaviours framework.	Regional
23. PH/LD	Health &Wellbeing Videos	Two Films, one in English and one in Welsh. The films will combine the Physical and Mental aspects of wellbeing and will seek to promote a person centred perspective. The coproduction process will bring together citizens and health professionals and will incorporate information 'Health & wellbeing' 'annual health checks' 'national health screening' 'community engagement' and 'social prescribing'. It is hoped that the films will include some innovative graphics and on completion serve to encourage citizens to be fully aware and engaged in all matters relating to their health & wellbeing - but especially health checks and health screening.	Regional

24. Paul H	Get checked out	The development of a website called 'Get Checked Out North Wales' where all accessible resources in relation to health screening can be accessed. This website will also host some short animations regarding being healthy and will link into lots of other useful resources and information.	Regional
25. Jeni	Here2There	H2T is a web-based App that allows the Individual and those supporting them to create an initial profile of their strengths, desired future and what is important TO and FOR them. A number of goals (often termed as outcomes) are then agreed, and these are reviewed on a regular basis in terms of achievement and progression. All this is recorded online, within the System, and is accessible to the Individual at any time. 18-25 individuals will participate in pilot.	Conwy & Flintshire
26. Liana	Luv2MeetU	Luv2meetU is a friendship and dating agency for people with learning disabilities and autism. Beneficiaries are fully involved in running Luv2MeetU and choose from a wide range of social, sporting and leisure activities and events which they attend in small groups, at mainstream community venues. The Luv2MeetU approach is adaptable, inclusive, collaborative and most importantly, participant led	Denbighshire, Conwy, Anglesey & Gwynedd
27. Liana	Good Touch	Information and training about appropriate sexual behaviour, including self-touch and masturbation. As people with learning disabilities go through puberty and grow into adults an outcome of this lack of information can be inappropriate masturbation i.e. masturbating in public places.	East and West
28. Jeni	Makaton Choir	Makaton choir sessions. As well as learning signs, members can sing along, join in with their own instruments, clapping/dancing along and become more expressive with gestures and facial expressions	Conwy & Denbighshire
29. Bev	PA e-learning	This project aims to work alongside a specialist social care e-learning company to design a range of e-learning modules for Personal Assistants and make these accessible to the workforce. The modules would be specifically designed to provide PA's with a foundation level of knowledge and would be introduced to all new PA's as part of their induction	Flintshire

30. Kim	Integrated health and social care support role	A Crisis Prevention and hospital discharge service provided via a pool of hours to be jointly managed by Flintshire and Wrexham County Council learning disability teams and BCU to test the impact on the need for hospital admission and quicker discharge from hospital to individual's original home	Wrexham and Flintshire
31. Mark	Wrexham Healthy Lifestyles	Funding to help promote healthy lifestyles and increase people's awareness around personal well-being and fitness. To set up groups and incorporate the use of Fitbits to motivate people in becoming more active.	Wrexham
32. Kim	Family Transition Project Coordinator	A Family Transition Project Coordinator employed by Conwy Connect and working alongside the Denbigh and Conwy Child and Adolescent Learning Disabilities Service, plus a flexible transition support fund. This reflects a 'whole family' approach to supporting young people from aged 16 and through to age 20 with learning disabilities and their families attending specialist schools in Denbighshire and Conwy	Denbighshire & Conwy
33. Liana	Safe Places - Regional	Increasing community awareness and access to communities.	Flintshire, Conwy, Gwynedd & Anglesey
34. Liana	Social Screen on Tour	The Social Screen model is about people coming together to experience a piece of cinema, with a follow up workshop of the same theme as the film. Media Club brings support and training to a group of participants to enable creative message making, citizen journalism, film/media-based awareness raising and activism. This pilot brings both of these models together, to create an interactive, creative and varied learning and socializing experience for participants across North Wales."	Regional
35. Bev	Outside Lives	Various working groups which co-produce activities and events (e.g. theatre, music, wildlife, conservation etc.) around particular themes. Proposal is specific outreach (and associated training) to people with LDs, to join in inclusive groups and develop inclusive community activities.	Flintshire & Denbighshire

36. Paul M	My Heath Guide	An app which effectively works as a hub of an individual's info across health and social care – focussing on what matters to them, pulling together support plans etc., which an individual can give access to the key people involved in their lives and support. The App uses a variety of pictures, sound, text etc. 20 licenses and support from Maldaba to roll out and embed (including engagement with health and social care staff), as well as support time from HFT.	flintshire
37. Mark	MultiMe	Social media app that supports a new, innovative and safe way for individuals to have self-control over their own support, and develop a safe platform for them to build their own social network of friends and access activities in the community - enabling them to feel safe, at the same time reducing the risk of abuse, vulnerability and social isolation. Proposal is for licenses and training and mentoring for workforce.	Flintshire & Wrexham
38. Mark	Mobile equipment	To be used with MultiMe and Handy Calendar Bids – supports the above Wrexham software bids by giving Individuals mobile access to the Multi Me and Handy Calendar apps (tablets, phones, My Home Helpers and data sims).	Wrexham
39. Steve	Active support roll out	To support the development of Active Support Practice Leaders (Champions). Where Active Support has developed we will identify champions who can become practice leaders across North Wales and help embed this model in services.	Regional
40. Steve	PBS Roll out	PBS is a research based practice to support people to have a good quality of life, were there are some challenges to services. We will support identified people to access a BTEC level 5 qualification, which in turn will support the development across North Wales	Regional
41. Sioned	Planning for future toolkit	Online and hard copy map and resources info to help carers plan for the future, to be co-produced through a series of 4 workshops.	Regional

42. Jeni	Health & Wellbeing	The project aims to improve the health and well-being of people with	Conwy
	Programme	learning disabilities by developing and providing a programme of	
		learning and activities specifically for people with learning disabilities	
		and the people who support them, focused on specific aspects of	
		health and well-being.	

43. BevNothing about us<br/>without us - how can<br/>we co-produce?This project will aim to enable people to explore and fully understandWrexham &43. BevNothing about us<br/>without us - how can<br/>we co-produce?This project will aim to enable people to explore and fully understandWrexham &43. BevWithout us - how can<br/>we co-produce?This project will aim to enable people to explore and fully understandWrexham &43. BevWithout us - how can<br/>we co-produce?This project will aim to enable people to explore and fully understandWrexham &43. BevWithout us - how can<br/>we co-produce?This project will aim to enable people to explore and fully understandWrexham &44. BevProvoking way.Provoking way.Provoking way.Provoking way.

## 44. Jeni **Making Sense CIC** Sensory parcels developed each month by professional artists and Conwy **Sensory Packages** guest artists containing sensory objects, sounds and smells along with suggestions for sensory interactive activities and trips. Working closely with local venues who will be prepared to welcome accessible visits, behind the scenes tours and gallery workshops The 'I' TEAM (Together 45. Bev Support for people to build their own I-Teams (update on circles of Wrexham, **Empowered And** Flintshire, support), made up of friends, family & associates. To work across Motivated) - My life, **Denbighshire &** Conwy, Denbighshire, Flintshire and Wrexham, identifying 15 my community Conwy individuals/families and supporting them to build a support network beyond paid staff. 6 workshop sessions and mentoring. **Community pooled** 46. SB/KK Pooled budget between Anglesey CC and BCUHB that will underpin the Anglesey fund (S33) pooled budget pilot. The fund will sit with the Pooled Fund Board and

will be used by the Board to avoid hospital admission

47. Kim	Transitions Planning Well-being Officer	A post to support to people at key transition points in their lives. A planning group will be set up, and they will map the transition support/well-being needs of individuals, including exploring the needs and the unmet needs across Gwynedd. In addition to 1-1 and group work, they will work on developing the existing multi-agency transitions forums, and develop a wellbeing transitions toolkit which would include a handbook	Gwynedd
48. Paul M	Tech Seminar	Seminar to discuss all things assistive technology.	Regional
49. Bev	PA Workforce Coordinator	This project proposes recruiting a Personal Assistant Coordinator on a full time 12 – 18 month time limited basis to help develop and embed a range of resources and approaches that will help nurture, maintain and develop the Personal Assistant workforce in terms of availability and quality	Flintshire
50. Kim	ALN – post 19 FE pathways and provision	This project will map out provision, improve access and develop a good practice guide in relation to local education provision and routes for young people up to the age of 25 with additional learning needs. There will be a particular focus on developing pathways for those individuals with complex needs	Regional
51. Jeni	Support and short breaks for under 5s and families	This project will map out provision and demand for/from under 5s and their families, and pilot short break activities for under 5s with complex needs. This is a need that's been raised by parents who struggle to access some mainstream opportunities and can feel very stressed and isolated, especially during the summer holidays	Conwy
52. Sioned	Raising the profile of employment courses	Courses to be delivered in Conwy and Gwynedd, offered to young people aged 14-19 and a family member - promoting the positives of employment as a life choice, to include various job finding skills, supported employment (incl. employer visits) and benefits issues, as well as activity days.	Gwynedd & Conwy