

Coronavirus Support



We are Mencap Cymru. Our Wales Learning Disability Helpline is here to help you.



We can help you if you have questions about Coronavirus (also called Covid-19) . Or if you are worried about Coronavirus.



Contact us if you want to have a chat or if you want more information. We are here to listen to you.



Call us on: 0808 8000 300



The helpline is open Monday to Friday. From 9am to 5pm. We are open on Bank holidays.



Or E-mail us anytime at:

helpline.wales@mencap.org.uk



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