

## Workstream – Health – Annual Health Checks & Health Screening – Paul Hosker

Key Deliverables	Identified Actions
All GP surgeries will be signed up to delivering the learning disability annual health check and change their services to make them easy to use for the individual. These changes are called 'reasonable adjustments'	<ul style="list-style-type: none"> <li>We have since secured dates to meet with all of the remaining GP practices and we have also had confirmation that each practice will continue to offer annual health checks to citizens on their register.</li> <li>Ongoing discussions with Public Health Wales have been mutually beneficial and they have agreed to target Ynys Mon regarding Health Screening. This will mean that the Health Liaison Team and Public Health Wales representatives will work in a more collaborative way. Public Health Wales have also agreed to help develop more accessible information on health screening.</li> <li>The setting up of a North Wales 'Get Checked Out' Website where accessible information regarding Health &amp; Wellbeing is hosted..</li> <li>To Co-produce with citizens from the 'participation group', TAPE music &amp; video, the Health Liaison Team and Public Health Wales two short video films on Health &amp; Wellbeing (including information on annual health checks &amp; health screening) English &amp; Welsh versions.</li> </ul>
It will be easier for people with a learning disability to have an annual health check	<ul style="list-style-type: none"> <li>Public Health Wales will soon (2020) be launching an updated training and resource pack about Annual Health Checks. This will provide an additional opportunity for discussion and training.</li> <li>- From our discussions with the health liaison team from Leeds 'Whole Practice' training rather than GP specific training has proved to be more effective in delivering better quality annual health checks so we are looking to increase this approach</li> <li>- In our discussions with Public Health Wales we will discuss the Wales Health Screening initiatives</li> </ul>
People with learning disabilities and their families will have access to good, consistent and accessible information	<ul style="list-style-type: none"> <li>In the short term we are looking to work in partnership with colleagues from Leeds who have an established website and the support of Public Health England. We are looking to establish through TAPE music and video and the participation group, citizens who are skilled both in front of the camera and in film and sound recording. This would ensure that genuinely co-produced information about health and wellbeing could be undertaken not just for this strategy – but into the future when new information is required or when information requires updating</li> </ul>
People with a learning disability will engage more in healthy lifestyle behaviours that promote physical and mental wellbeing such as: 5 a day for your family, 5 a day fitness and 5 ways to wellbeing	<ul style="list-style-type: none"> <li>This area will be developed both within the newly established projects for a) health and wellbeing and b) community mapping and participation. Also, once the Website is operational and we have good information available we will commence awareness raising and meeting key individuals and groups. As 'wellbeing' relates more to an individuals lifestyle it is best facilitated through personal awareness and modelling by friends and family and those supporting individuals within their own homes or in places of employment, education and community. Meeting with like minded individuals or in groups can also promote aspects of wellbeing. Specific examples relating to wellbeing include: 5 a day for your family, 5 a day fitness and 5 ways to wellbeing which we will promote via our website.</li> </ul>

Upcoming Major Activities in Phase 3
<ul style="list-style-type: none"> <li>To complete the planned GP practice visits on Ynys Mon and handover to the Health Liaison Team the responsibility for ongoing engagement.</li> <li>Following completion of the GP practice visits - to produce a report for discussion with BCUHB Managers as previously agreed.</li> <li>To work collaboratively with colleagues from the Leeds Health Facilitation Team and 'Get Checked Out' Leeds to re-brand their information and to establish a North Wales 'Get Checked Out' website.</li> <li>To provide advice and practical help and support to the funded projects.</li> </ul>
Key issues/risks/barriers (Top 3)
<ol style="list-style-type: none"> <li>Releasing staff to fully engage in the work and maintaining focus in the longer term.</li> <li>TAPE Music &amp; Video has secured funding for several film projects and will need to coordinate and manage competing projects</li> </ol>
Resource requirements identified
<p>Stakeholder participation in coproduction Full participation by GP's and Practice manager's Full involvement of Health Liaison team members</p>