



CYDWEITHREDFA GWELLA GWASANAETHAU
GOFAL A LLESIANT **GOGLEDD CYMRU**

NORTH WALES SOCIAL CARE AND WELL-BEING
SERVICES IMPROVEMENT COLLABORATIVE

North Wales Learning Disability Plan

Our plan to make services better for people with learning disabilities



This is an easy read version of the **North Wales Learning Disability Strategy 2018 to 2023**



GIG CYMRU NHS WALES
Bwrdd Iechyd Prifysgol
Betsi Cadwaladr
University Health Board



GIG CYMRU NHS WALES
Iechyd Cyhoeddus
Cymru
Public Health
Wales



**CYNGOR SIR
YNYS MÔN**
ISLE OF ANGLESEY
COUNTY COUNCIL



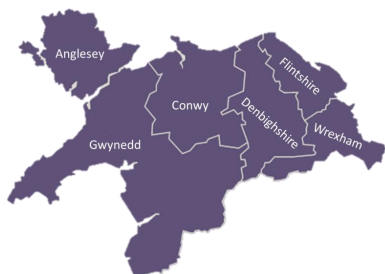
Contents

Page



Introduction

3



North Wales

4



What people said

5



Our vision

8



The plan

9



For more information

11

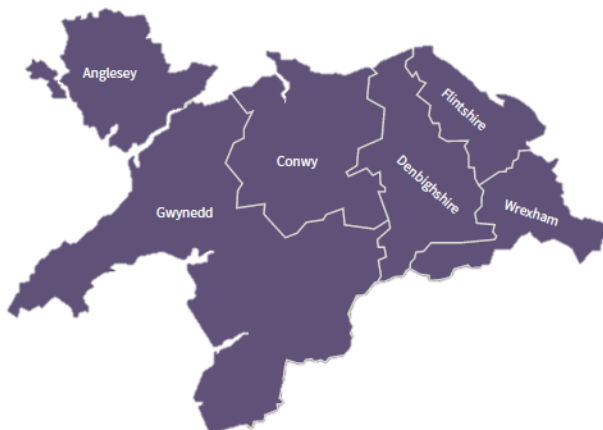
Introduction



The plan says how we will make services better for people with learning disabilities.



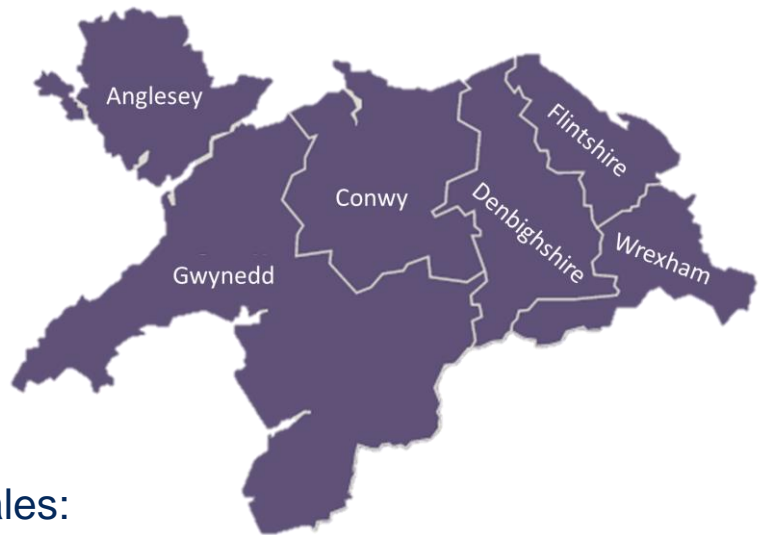
The plan is for children, young people and adults who have learning disabilities and live in North Wales.



Who wrote the plan?

- The 6 councils in North Wales
- The health board
- People with learning disabilities, members of the North Wales Participation Group and self-advocacy groups

North Wales



In North Wales:



- There are about 800 children with a learning disability.



- There are about 3,000 adults with a learning disability.



- There are more people with a learning disability and they are now living longer. This means more people will need support as they get older.



- Many people with a learning disability have more health problems than other people and need more support with their health.

What people said



We asked people with learning disabilities about what's important to them?

They told us:



- Having the right support to get what they want is important to them.



- Having a good place to live is important to them.



- Having something meaningful to do is important to them.



- Friends, family and relationships are important to them.



- Being healthy is important to them.



- Having their say, being listened to and making decisions is important to them.



- Having choices is important to them.



- Being safe is important to them.



People also said we need to:



- Support people who have the highest health and care support needs.



- Support people of all ages from making sure children have the best start in life to helping people as they grow older.



- Support people with the big changes that happen throughout their lives. For example, the transition from children's to adults' services.

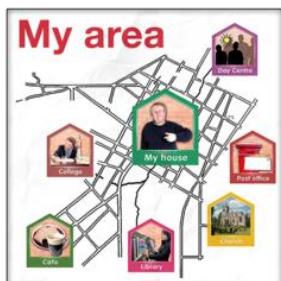


- Support parents and carers. Make sure they have the support they need including breaks from caring. Breaks should benefit the carer and the person being cared for.

Our vision



We want to support people so that they can have a good life. This includes:



- Living locally where they feel safe and well.



- Being respected and included as an important part of the community.



- Having good support to be independent and to have control over their lives.



- Having the right choices.



- Being treated equally and fairly. We will change our services to make them easier to use. For example, by providing easy read information or making more time for an appointment.

The plan



We plan to:



- Make sure health and social services work together better to support people with learning disabilities.



- Make sure staff know how to communicate well with people with learning disabilities and change services to make them easier to use.



- Make sure people who want support in Welsh can get it without having to ask.



- Work with other organisations to make sure we have the types of housing and support people need.



- Work with the local community to make sure people with learning disabilities can access lots of different activities and meet new people if they want to.



- Help more people with learning disabilities to get paid jobs.



- Find ways to use technology like alarms and mobile phones to help people be more independent.



- Make sure people with learning disabilities have their say.

For more information

If you need more information please contact:



Sarah Bartlett
North Wales Learning Disability Partnership
County Hall
Wynnstay Road
Ruthin
LL15 1YN



Email: sarah.bartlett@denbighshire.gov.uk



Phone: 01824 712432



www.northwalescollaborative.wales/learning-disability-strategy